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**“OUR GREATEST
WEAKNESS LIES IN
GIVING UP. THE
MOST CERTAIN WAY
TO SUCCEED IS
ALWAYS TO TRY
JUST ONE MORE
TIME.”**

– Thomas A. Edison

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**Believe in
yourself
and give
yourself
grace**



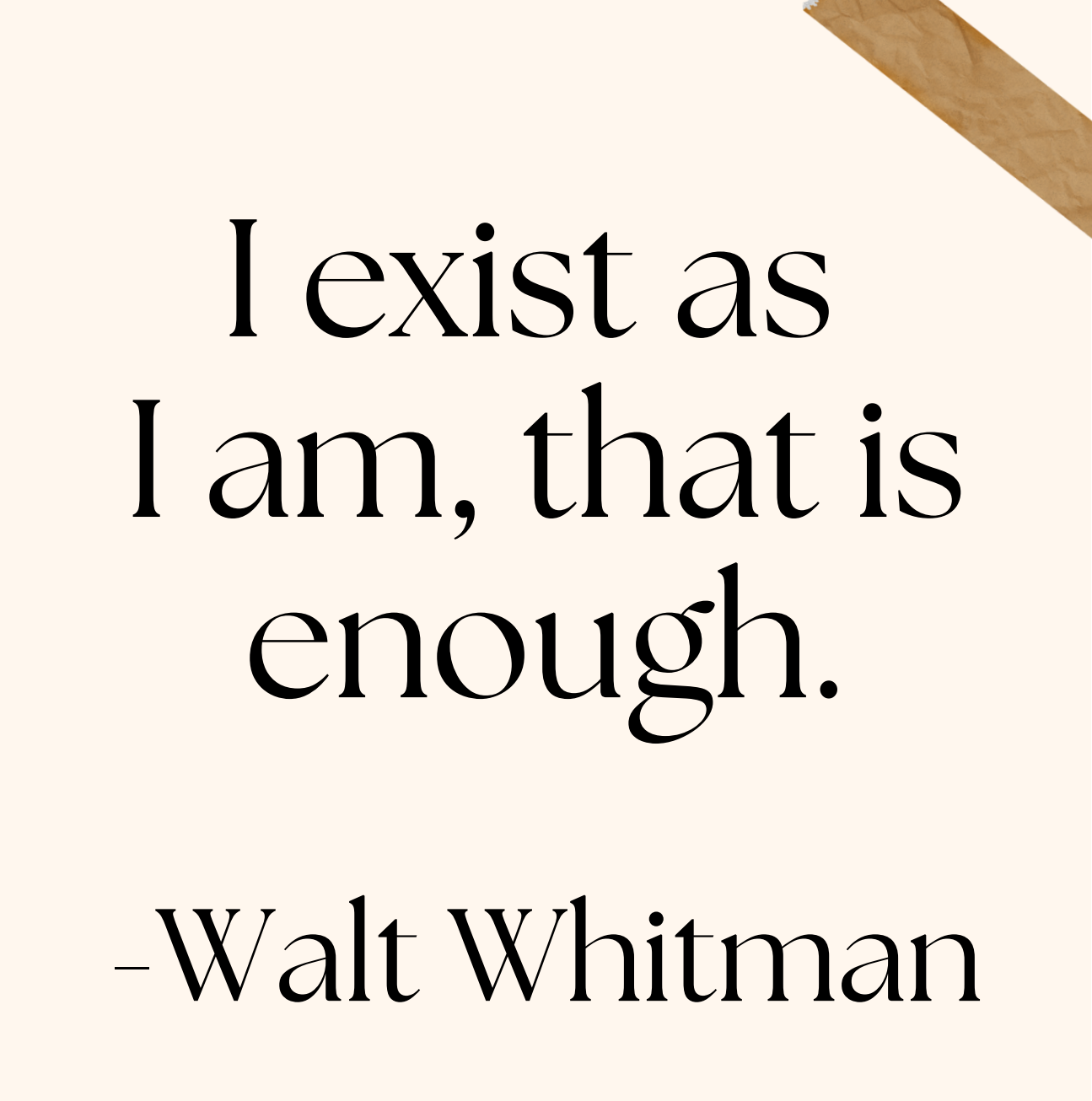
**You Are
Capable
of
Amazing
Things**





It's okay
to take a
break





I exist as
I am, that is
enough.

-Walt Whitman

